

Get Smart. Get Connected. Help Each Other Out.

## Village News

# July 2023

### NH Gave, and we thank you!

Thank you to all who participated in NH Gives, the statewide online fundraising campaign, that took place on June 6 and 7! Collectively, NH Gives engaged 15,319 donors who gave more than \$3.5M to 610 nonprofit organizations across the state. The nearly \$3,000 Seacoast Village Project received as part of this initiative directly impacts our ability to achieve our mission to build community, knowledge and support with seniors aging at home.

### Help Us Lead and Sustain the Village

Our board recruitment continues! We are looking for people with diverse backgrounds who could bring energy and new ideas, particularly in the areas of fundraising, grant writing, and strategic planning. If you want to learn more about what Village board membership entails, please email Kathy Rockwood at krock@seacoastvillageproject.org.

## **Upcoming Events**

Visit www.seacoastvillageproject.org and click on the "Event" tab for more information on any event and to register by the day before (unless otherwise noted).

Artists & Crafters Showcase July 9 from 1:00-3:30pm Carey Cottage, Portsmouth

Sixteen Seacoast Village Project members will feature their creative works that include stained glass, decorative tile, birch creations, sculptures, paintings, fabric wall art, weavings, pillows and sewn items, books and book illustrations, photography, and more!

Music will be provided by Richard Danford and his bluegrass group, Spur of the Moment. Pack a picnic lunch and explore the grounds along the shore of Sagamore Creek.



Turn the page for more events...

### **Upcoming Events Continued...**

Prospective Member Information Sessions Tuesday, July 11, 11:00am Thursday, July 20, 4:00pm via Zoom

Find out how the Village can help you maintain control over your life, stay in your home and actively participate in your community for years to come. Visit the website and RSVP for the session you'd like to attend.

### Members & guests event

Salmon Falls Kayak Meet-up Thursday, July 13, 10:00am Salmon River Boat Launch, Rollingsford

The Salmon Falls River is wide with a mild current. The scenery includes farmland and woods with views of both NH and Maine. Bring your own picnic lunch and we'll eat together afterwards.

#### Members-only event

New Member Coffee Friday, July 14, 10:00-11:00am Carey Cottage, Portsmouth

All Village members are invited and encouraged to attend to meet, welcome, and get to know our newer members.

#### Members-only event

North Meet-up: Picnic on Mendums Pond Thursday, July 20\*, 11:00am-3:00pm Private home, Barrington \*Rain date July 21

Members Richard and Van Gsottschneider invite you to picnic at their camp on scenic Mendums Pond in a beautiful setting and lakefront.

During this afternoon of summer fun you can hang out with other members, swim, kayak, canoe, or paddleboard. Pack your

own picnic lunch, drinks, and a chair. A picnic table, some chairs, kayaks, a canoe, and paddleboard will be available, but bring your own if you wish. The camp is small with a bathroom so this will be an outside carry-in carry-out event. Space is limited so please RSVP on the website.









# **Upcoming Events Continued...**

### Members & guests event

Sail Portsmouth—Parade of Sail Viewing Party July 27, 5:00-8:00pm Member home, New Castle

Sail Portsmouth will celebrate the region's maritime history and the city's 400th anniversary with its annual tall ship festival July 26-31. This year's Sail Portsmouth festival will feature five tall ships, beginning with the Parade of Sail and Flotilla on the evening of Thursday, July 27 and continuing through the weekend. They

will arrive as part of the Parade of Sail up the Piscataqua River and will be visible from New Castle as they enter the river. The parade time estimated to start at approximately 6:15 PM (this can vary with tide and staging times as the parade gets organized in the harbor).

Join members from throughout the Village to watch the Tall Ships arrive and sail up the river to Portsmouth from member Nancy Euchner's home in New Castle. Together, we will be able to see the ships gather in the harbor and watch as they join a flotilla of military vessels and civilian and commercial fishing boats. The parade is a sight to behold. Please RSVP.

### Men's Discussion Group Meeting On Summer Vacation!

The Men's Discussion Group is taking a summer hiatus and will resume September 12 at 10am at the Durham Public Library.

# **Get Connected: Preferred Provider Directory**

Summer is upon us and it seems there are always things that need doing. Village members are reminded to consult the Preferred Provider Directory when they are in search of professional assistance. From health services and home repairs, to technology and transportation (and everything in between), the Preferred Provider Directory is a compilation of businesses and professionals that your fellow Village members have used and recommend.

Members received a paper copy of this year's directory this spring and it is also accessible by logging into the member side of the Village website, clicking on the 'Members' tab, and selecting 'Preferred Providers' from the pull down menu.

Have you worked with someone recently that you'd recommend? Pay them the compliment of referring them to your fellow Village members by filling out the quick and easy referral form located on the website.







# Helping Each Other Out: Volunteers Needed

### **Volunteers Needed for Artists & Crafters Showcase**

The Village will be hosting an Artists & Crafters Showcase on Sunday, July 9 from 1:00-3:30pm at Carey Cottage in Portsmouth. To help the event run smoothly, we are looking for two parking lot attendants at Carey Cottage to help between 12:00-4:00pm, for approximately 2-hour shifts. If you are interested in help-ing, please contact the Operations Manager at Cari@seacoastvillageproject.org.

## **Member Stories: Reflections of Pride**

On Saturday, June 24 Seacoast Village Project members joined the annual Portsmouth Pride Day festivities, put on by Seacoast Outright in support of, and recognition of, the LGBTQ+ community.

Susan Getman, Village member and lead volunteer for the day, estimated that 100–250 people stopped by the Village's information table over the span of the five hour event. Getman was joined at the Village information table by fellow board member Addie Tarbell, and Village members Carole Renselaer and Mary Elizabeth McCue. Each of them reported having had a range of meaningful conversations.



"The Pride Day event was packed with ebullient participants of many different ages and the mood was soaring," said McCue.

"Some of the interactions were authentic, deep and touching. Sometimes it was about an aging parent, or grandparent. For others, the concern was about a sibling or an aunt or a neighbor. And, of course, for many, the conversation was about themselves, and their own needs as an aging adult," said Getman. "Many commented that we were one of the few tables that was focused on aging adults."

Renselaer took the opportunity to engage a broad range of people, including the on-duty police detail. "I initially walked over to thank them for being at the event, but decided to take the opportunity to tell them about the Village and how we can be a resource to the seniors and families they might encounter in their work," she recounted. "One of the officers immediately perked up and said it was something his parents needed and asked for our information card."

While not everyone in a community is over 50, everyone has people that they care about that are over 50. "This event was a great opportunity to make connections with the people who are part of seniors' networks of support," said Renselaer.

"I believe it's important to be at events like this to not only show our support, and inclusiveness, but to simply get our name out in the public," said Tarbell.

"It was really inspiring," reflected Getman. "The time flew by! If nothing else, scores [of people] left with a new understanding of this unique and important Seacoast resource." Thank you to all who attended this special event. The Village is proud to be part of this community.