



Outside

House numbering

4 inch tall lettering on contrasting background affixed to house not just mailbox

Open and accessible driveway

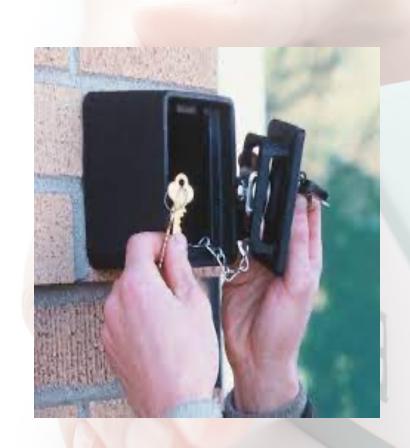
Hedges trimmed back to provide room for emergency vehicles Plowed in winter, sidewalks and doors shoveled out

Well lit path to the main entrance four+ feet wide, free of debris

Consider adding an emergency access key box to allow responders entry if you are unable to come to the door or are away

Render medical care to the incapacitated, or those with mobility issues Avoid damage to building Shut off utilities in an emergency (frozen pipes, power surges, etc.)

Emergency Access Key Box





Outside

Keep your yard free of clutter

360 degree access- medical and fire suppression

Avoid volume storage against building (firewood, recreational items, vehicles)

Store flammable liquids, bulk cleaning products, paints, etc. in secure area- not in main house

Hazardous waste disposal day

Bulk waste disposal

<u>Inside</u>

Readily available/ accessible medical information, direction File of Life

Major medical diagnosis, medication list, recent surgeries, etc.
On fridge, unobstructed



Medical Directives

DNR, living will, advanced directives, powers of attorney and medical proxy **Up to date**, original copies, known to others present

Consideration for single floor living- could you get out under your own power in an emergency?

Stairs, pathways free of clutter and debris, well lit - no storage. Anti slip coatings- steps, ramps, tub

Smoke and carbon monoxide detectors. <10 years old, batteries changed, clean.

<u>Inside</u>

Emergency contact info for family and caregivers, doctors on hand Schedule recurring calls, visits

72 hour supply of water, food, medications on hand Flashlight with batteries, first aid kit, fire extinguisher, AM/FM radio

Emergency Evacuation Plan- HAVE ONE

REP and Natural disaster

Confidential assistance form: https://prd.blogs.nh.gov/dos/hsem/?page_id=4572

READYNH: https://www.readynh.gov/ State emergency preparedness website

NH Alerts: Sign up to be notified of an impending emergency at: https://public.coderedweb.com/CNE/en-US/BFC2664C2B92

STAY INFORMED

Inside

Additional training on creating an emergency plan and staying safe at home:

https://events.gcc.teams.microsoft.com/event/8e8994d3-39b2-466e-8897-1cc12227ba24@992deae9-1c4c-42c8-a310-5088af55ba74

Thursday September 28th
3-4pm
FREE online event
Hosted by the State of New Hampshire- Dept. of Safety

Emergency Customer SERVICE A phone call away

We are here for YOU. Never a bother.

CALL us, CALL us.

Every municipal emergency service is slightly different but has the same mission- to keep you safe.

Some departments can and do regularly:

SO MUCH MORE

Change smoke detector batteries
Install emergency key boxes
Conduct courtesy home safety evaluations
Install car seats
Work with community in home care partners

AT MINIMUM connect you with the services you need.

